



## Isles of Scilly Expedition

### Advanced (crossing) course outline



The isles of Scilly are located off the most South Westerly tip of Great Britain. During our time away from the mainland we will explore all that the unique islands have to offer. We transport our kayaks out on the ferry to St Mary's and will meet you off the ferry. This week long experience is aimed at advanced kayakers. During the week we will cover many aspects rough water kayak handling and can help you perfect any aspect of your paddling. During the week we will assess the weather and the group's and individuals ability but hope to make the crossing back to Lands end to finish the week off. To make the 22NM crossing we will have to take into account the tides and wind making it a great learning experience.

### Experience needed

To get the most out of the expedition you should be happy with roll in intermediate conditions and happy to cover 25NM in a day for the crossing. We will do a long day during the week to get a feel for the distance. The islands are quite compact and so we will have time to explore and work on skills. We have the ability to split the group during the day to suit individual needs and speeds. The paddling during the week will be instructional based as well as exploring the islands. If you have any questions regarding the required ability please feel free to get in touch

### What it includes

The course fee includes all of the equipment needed and instruction. We use top level equipment maintained to a high standard to ensure you are comfortable and safe out on the water. We cover the cost of getting the kayaks out to the islands. We book the campsite for you but this is not included.

### Cost

- £395 Instruction, equipment and transport of kayak to the islands
- £95 Flexible return
- £9.40 Per Person Per night Camping fees (£65.80)

### Location and times

We will meet you off the ferry in St Mary's which departs at 11:15am on Saturday the 22<sup>nd</sup> of Aug. We would hope to set up camp before hitting the water in the afternoon for a short paddle. Due to the uncertainty of the weather for the crossing the plans will have to be flexible. The kayak trailer will be booked into the Friday ferry and we would hope to make the crossing back on the Friday. However we could do the crossing on the Thursday if the weather dictated and then do a local paddle in Cornwall on the Friday. There is a less likely chance but it could still be possible to cross back on the Saturday. If the crossing is not possible for any reason we will head back on the ferry on the Friday.

### What to bring

- Sleeping Bag
- Tent (can be supplied)
- Camping Stove
- Pots and pans
- Plate's bowls and KFS
- Sleeping Mat

The shops on St Mary's carry everything you will need for food so no need to bring lots over with you.

Paddling Equipment (can be supplied)

- Dry bags
- Sun Cream!

And all the other bits you normally need when camping, if you have a bivvy bag this may be useful for any rough camping we may do.

We are looking forward to seeing you out on the water.