# Scotland Expedition Isle of Skye

## **Competent Intermediate/Advanced paddlers**

22 May - 30 May 2024

(Meet & Greet 22 May - Start paddling 23 - finish paddling 29 - Depart 30 May)

# 7 Paddling Days

## **Expedition Outline**

The appeal of Skye is the wide variety of paddling it offers, the magnificent scenery and its abundant wildlife. Often seen are sea eagles, seals, otters... This is a wild and unspoilt coast, but it has adequate landing and hiding places to cater for the uncertainties of Scottish weather.

We will meet at the camping ground at Portree on Wednesday 22nd of May and stay one night to prepare and plan our expedition. On the following morning the 23rd of May we will launch from the most suitable area based on the weather forecast and winds.

Our intention is to paddle out of Portree and to do a circular route around Raasay and Rona, as well as visiting Scalpay, Longa, and the Crowlin Islands, which are often home to large numbers of seals. Crossing back over to mainland our options are to paddle to Applecross or to Plockton before returning to Portree.

The east coast of Raasay is a wonderful place with magnificent geology, waterfalls, and a lovely coast to explore. This area is the perfect venue for real expedition paddling. We will be selfsufficient for a week and free to roam wherever the spirit takes us – and the sea lets us!

Skye is exposed to the north and south. This is real sea with swells adding to the majesty of the coast and increasing the chances of sneaking up on unsuspecting otters and seals.

If weather conditions are not suitable for the proposed circular route, we will paddle in one of the other areas of Skye, perhaps doing an A to B trip and then using local buses to return to the cars.

The first and last nights will be spent at the campsite at Portree. The remainder of the week we will be self-contained, living from the kayaks and finding wild campsites on these remote coastlines.

The weather can be unpredictable in this area, so be prepared for cold and wet – but also pack the sun cream.

## **Experience Needed**

To get the most out of the expedition you should be a competent Intermediate/Advanced paddler and be comfortable in conditions associated with force 4/5 winds.

If you have any questions regarding the required ability please feel free to contact us on <a href="mailto:info@seakayakingcornwall.com">info@seakayakingcornwall.com</a>.

#### What Is Included

Sea Kayaking Cornwall's experienced guide with area knowledge offering advice, assistance, planning and safety throughout the trip.

\*Kayak. We can supply suitable expedition kayaks.

\*Buoyancy aids /PFD.

\*Spray decks.

\*Paddles.

\*We suggest using your own kayak and kit on this expedition so that you are comfortable and have practiced, prepared and packed your kayak before arrival. This is to ensure that all your kit fits and you are familiar with all aspects of your expedition kit and kayak.

Please confirm you have your own kayak and kit, we do not plan to take a trailer, and we are aware that most people booking on this type of trip, own their own kayaks.

Please inform us if this is a problem for you, we have limited availability to transport boats on roof racks.

#### Not included

Transport to start location in Scotland.

Food and beverages during the trip.

Camping equipment.

Camping fee – first and last night - Please book these directly with https://www.portreecampsite.co.uk.

22nd May 2024

29th May 2024

#### Cost

£935 from 1st January 2024.

#### **Location and Times**

We meet at Torvaig Camping Site, Portree IV51 9HU.

Arrive at your leisure on Wednesday the 22nd of May. The official briefing will be at 6 pm to get to know each other and discuss plans.

Please ensure you buy all of your supplies of food, drink and gas or fuel for the week by Wednesday evening. There are food stores and sports shops in Portree. Experience has taught us that it is advisable to purchase gas canisters or fuel suitable for your cooker prior to arrival. If you are flying, please let us know and we will endeavour to have fuel available for you.

We will return to Portree Torvaig Camping on Wednesday the 29th of May, and go into Portree for a final dinner together. We will depart on the morning of Thursday the 30th May.

## What to bring - Recommended

- Travel insurance.
- Food. Prepare for 7 breakfasts 7 lunches 6 dinners plus snacks, hot drinks and soups for the time we are out.
- Dry bags various sizes.
- Camping kit: Tent, sleeping mat and sleeping bag suitable for cold conditions (3-4 season).
- Stove, pans and fuel/gas
- Water bottle or flexible water bag, plus a reliable means of lighting.
- Thermos or "Jet boil" style cooker for keeping or heating liquids.

- Paddling kit suitable for cold-water paddling. Please contact
  us if you are uncertain that you have the correct gear. Please
  note that we do not recommend paddling in a wet suit.
  However, if you choose to, then bring extra clothing, and
  ensure you have good coverage for your feet Sealskin or
  similar gortex socks and thick paddling shoes.
- Safety kit. We carry adequate safety kit. However, we suggest you bring the safety kit that you would normally paddle with. A group can never have enough safety equipment on a trip!
- Sponge.
- Sun cream.
- Sunglasses and hat.
- Insect repellent, tick removers and midge spray.
- Camera.
- Headlamp/torch
- Personal medication and first aid kit.
- Reading material if the elements keep us off the water.
- Suitable bags to carry your kit in up the beach (IKEA bag).
- Clothing. At least two changes of warm clothes, warm hats, gloves and water-proofs.
- Suitable footwear and change of clothes for walking in the conditions and changing into at the end of the day.
- Phone and power banks. Scotland has cell phone reception in many but not all places. Ensure you have sufficient power banks.
- Money, as there are cafes and restaurants to visit. Not all will accept card payment.

 Fishing kit. There will be the opportunity to fish, so bring a hand line or fishing rod. Please note: This is not a guaranteed way of supplementing your food!

Looking forward to sharing our "DEVOTION TO THE OCEAN" with you!

Sea Kayaking Cornwall Team

